

CONFIRMATION SPONSOR REQUIREMENTS

St. Therese Confirmation, 2023-2024

Take time to pray before selecting your Confirmation sponsor. It's important to choose someone who is available and committed to devoting time to you during and after the Confirmation year. You are worth the effort!

One of the main roles of the sponsor is to give you guidance and support as you take ownership of your spiritual life and your relationship with God. A sponsor should be someone who can give you thoughtful advice and who is themselves a good role model of a Catholic Christian living out his or her faith daily.

The Church teaches that it is particularly fitting for your sponsor to be your baptismal godparent, but another person of either sex may be your sponsor, provided that they meet these requirements:

- Must be at least 16 years of age
- Must be a practicing Roman Catholic who is fully initiated in the Catholic Church (i.e., have received Baptism, First Communion, and Confirmation)
- Must be a registered member of a Catholic parish
- Must be a Catholic in good standing, which includes weekend Mass attendance
- Must be a role model through their commitment to the Catholic faith
- **MUST NOT** be your parent or step-parent

Please be prepared to tell us the name of your sponsor by **October 29th**. Once you have selected a sponsor, please ask them to fill out the Sponsor Form and send it to us ASAP.

We in Faith Formation are also able to help you find sponsors. Please do not hesitate to ask if you need help!

**The Confirmation Mass will be held on
Sunday, February 4th, 2024, at 2:00 pm
at the Basilica of Saint Mary in Minneapolis.**